# My Covid-19 Plan

This site strives to provide an unbiased, non-partisan solution to help slow the spread of or hopefully eliminate the Coronavirus Pandemic (Covid-19). It seems that there are those that think this pandemic and the solution to it is a political thing. It's not. It CAN be stopped with some practical common-sense practices, but it has to be done in a way that EVERYONE must strictly follow. When Boston was bombed, the locals came up with 'Boston Strong' as their motto. They were resilient. I suggest that we are 'American Strong' and that we have the ability to conquer this disease as a Nation.

## THE PLAN

MY plan starts with the idea that the solution, though not a political concept, has to be mandated by the Federal Government. Assuming that the best quarantine period is 14 days, the Government would select a 14-day period sometime in the future to mandate the implementation of this plan. Once we know the selected dates of this mandatory quarantine period, businesses and consumers can prepare for its coming. Consumers can shop as they normally do to ensure there is no reason to leave their homes by stocking up with a 3 week supply of food and other necessaries prior to this period. Businesses can plan a way to provide consumers with their products that does not involve a person-to-person contact during this period.

Using Wendy's as an example, prior to this period, Wendy's would use their app to inform the customer that they would have to use the app to order their food. To get their product to the consumer and avoid face-to-face contact, a delivery service would have to be used. No customer would be allowed inside the store, and no outside dining would be allowed. Although deliveries could be made by the employees themselves, services such as Uber-Eats, taxis, and other transportation companies would be the primary carrier. I see this as a way to keep the fast-food industry alive, as well as continuing to employ their force.

## PREPARATION FOR QUARANTINE

The easiest way to prepare for a 14-day stint at home is to purchase enough goods before quarantine occurs.

Wellness is key. It is recommended that the wearing of masks would be encouraged during this time. You could also use this time to get necessary shots for flu, pneumonia, etc. This would be a good time to ensure you are in the best physical condition possible. Go on a diet. Eat healthy and get your immune system in order. The healthier you are now, the less chance you have of suffering any lasting effects if you DO contract Covid later.

#### IMPLEMENTATION OF THE PLAN

The purpose of a 14-day quarantine is to use common sense practices to avoid any future spread of the disease. This would mean that NO person-to-person contact should be made unless extremely necessary. This would be a mandate that is enforced across the board for persons of all ages, with just a few exceptions.

For the most part, non-essential employees would be furloughed and have a mandatory stay-at-home order.

Since the food industry is so vital to our economy, employees could continue to work, but do it safely with the use of gloves and face masks. Customers can use their phone apps to order their products as usual, but they must be delivered to your home. No one would be allowed in the stores, and there would be no pickups at the store either.

The benefit would be that the food industry would remain active, and a minimal amount of employees would be available to make the food and the deliveries. Bars and clubs would be prohibited from inviting crowds of people. They could take food orders just as others in the food and restaurant industries do, but their doors would be closed to the public.

Since the transportation industry is so vital to the economy, they would remain in force as usual. Consumers will be purchasing goods during the quarantine and the products must be delivered. This can be done without face-to-face contact, so the spread of the disease is virtually impossible. The economy must thrive during this period, so the ordering and delivering of products can be done as usual, with no personal contact.

To feed the long-haul truckers, the truck stops could have an app that would allow truckers to order food from the restaurant and specify the spot they are in so it could be delivered to their vehicle. The use of showers is probably not a good idea unless it could be done safely.

For the automotive industry, purchasing a vehicle would be best to do either before or after quarantine. If the vehicle has to be ordered, this would help keep the automotive industry going by supplying them with future orders.

Beaches would be closed during this period to everyone. Residents who live on the beach would have to order their food and other goods online just as others do. They would have to stay indoors just as others do. There could never be large gatherings of any kind!

Education would take place online only. If the beaches are closed and education is done online only, the designated period for quarantine would be best implemented during the school season. Students would have no reason to go to the beach when their studies should be the most important thing on their minds.

## HOW WILL THE FURLOUGHED BE COMPENSATED?

Furloughs would be just for non-essential employees. It would not include retirees who remain home anyway. The government could decide what amount they wish to provide, ensuring that only persons eligible for payments are compensated.

#### WHAT HAPPENS AFTER THE QUARANTINE PERIOD IS OVER?

If the mandatory quarantine is implemented correctly, it would only make sense that the amount of new Covid cases would be very minimal. Perhaps someone was infected prior to the period and only discovered their infection while under quarantine.

Wouldn't it be great to see new infections during this period drop dramatically? Contact tracing would be very simple: check only the people in the household with the infected parties. The infected person would be treated at the hospital, and their household members would be tested for the virus and treated if necessary.

The news media would be following the daily numbers of new infections. You would have your newspaper delivered daily (since there is no face-to-face contact) or watch the news to see the progress. Covid is all we talk about nowadays. Imagine if the daily spread of this disease dropped dramatically during the quarantine. Government officials could use this information to tweak the plan if necessary.

An additional 1-week quarantine period could be added if necessary and furloughed workers would be further compensated.

If numbers of new infections are greatly reduced or even eliminated, beaches could possibly re-open and schools could determine if in-person education is warranted and safe.

Bars and clubs could re-open as usual.

## TRANSPORTATION STRATEGIES

I would suggest that there be NO domestic flights for the 2-week period. International flights COULD be allowed, with restrictions. Anyone wishing to fly to another country would be allowed to do so. However, the airline would not be able to bring passengers back into the States, including U.S. citizens.

The airlines could provide 2 flight crews; 1 to fly abroad, and another for the flight back. The remaining crew would help to disinfect the plane. Because there would be no passengers for the flight back, there would be plenty of time to relax.

If this plan is adopted globally, I would suggest that NO International flights would be allowed. There would be no safe way to insure the passengers on the incoming International flights are free of Covid-19 infection.

The airlines would only have to adhere to these rules for the 2-week period. Hopefully, the lower infection rate during this period would allow for a return to normal, and passengers can plan their flights for the period after the plan period. Possibly an extra 1 week period would be necessary to ensure a low Covid-19 rate.

# IN A NUTSHELL

Everyone is concerned about this virus. It is all we talk about. It is not a political thing, but rather something that affects all of us equally. Everyone wants the economy to return to normal. Everyone wants their lives to return to normal. A thoughtful plan can accomplish this.

Implementation is simply a common sense plan to minimize and soon stop the spread of this disease. No person-to-person contact is allowed except with other members of the household.

FINAL WORDS ABOUT COMBATTING COVID-19

I see this plan as a way to ensure that the infection numbers diminish to the amount we had when this infection was first discovered.

But now we are so much wiser than we were then. We know that science tells us that it IS a real concern. We know that the wearing of masks, social distancing, and not touching your face are all ways to avoid the spread of this disease. We learn about the new consequences of this disease every day. We will be much abler to deal with its spread than we were in March.

Consequently, we can take immediate action based on this knowledge should the disease try to infect us in the future.

# I NEED YOUR INPUT

I only ask that you review this proposal in a non-political way. If you see something that could be improved or added, please let me know. If your idea has merit, I will gladly add it to the site and give you credit for your input.

This crisis was not started by us, but it certainly affects all of us. Being 'American Strong', we all need to be part of the solution.

This proposal was carefully thought out by Michael Dippel, owner of The Hobby Line Internet.